

The "Highlands Pedalers" Bicycling Club

www.highlandspedalers.com

Rides from Sebring, Lake Placid, & Avon Park



Be sure to **WEAR A HELMET** & **bring something to DRINK** on every ride. Below are the typical ride start locations & times which occasionally change due to the weather. **Call the contact person if you have questions.**

"Spontaneous Group Rides" may be announced on our Facebook page: <https://www.facebook.com/groups/118023481579890/?ref=ts>

Check out our "Group Cycling Guidelines". http://www.highlandspedalers.com/ride_info.php

SEBRING "Regular" Road Bikers at the "Village Fountain Plaza"*:

- **Groups "A" & "B"** start at **7:30 a.m. Monday, Wednesday, Friday, Saturday & Sunday.**
- **Groups "C"** start at **8:00 a.m. Monday, Wednesday, Friday, Saturday & Sunday.**
 - Groups may start together but ride at different "average speeds".
- **A Group** (20+ mph) - Kenny New @ 863-443-1577 or James Broen @ 314-0227
- **B Group** (17 to 19 mph) - Bob Bennett @ 410-458-5929 or Rick Johnson @ 655-2188
- **C Group** (14 to 16 mph) - Mark Andrews @ 385-2486 or Billy Arnau @ 863-441-1300
- **C-minus -D** ride (average 12 mph) about 25 - 40 miles. Contact Bill or Elaine at 863-402-4655
- * *Find us at US 27 & Flare Rd, across from Gate's service station. Please park and gather near the large tree well away from the shops and, of course, avoid obstructing motor vehicle traffic.*

"Carl's Ride" (8-10 mph) - This is a seasonal ride. Ride is on **Tuesday, Thursday and Saturday.** Start time 8 a.m. We do stop for breakfast. We are finished at about noon. I will continue this ride through the year if other Riders want. Call Carl for more info 817-308-2921

"Leisurely Rides to Lunch" (12 mph) - **MUST CALL to set time, location, etc.** Bill & Elaine @ 863-402-4655

LAKE PLACID Road Bikers:

- **A & B groups** generally meet **Tuesdays & Thursdays 7:30 am** (or 7:00 am in the summer) and ride 20 to 40 miles (when it's not raining or foggy ☺). **MUST CALL** Scott Rothermel 803-640-4558 for the start location and plans for that day.
- **Lake Placid Leisure Ride** is for **Thursday starting at 8 a.m.** Leisurely pace for 13 miles around Lake Placid; **MUST CALL** Fran 863-[465-0038](tel:465-0038) for the start location and plans for that day.

AVON PARK Road Bikers:

- **8:00 am Sundays** at the Walker Elementary School. For details contact Carol @ 863-273-1304. Generally about 35 - 45 miles at 15 mph average pace. Ride canceled if below 50 degrees F at 8:00 am.
- **8:00 am Tuesday and Thursday**, meeting at the East parking lot on Lake Olivia at the intersection of Nautilus Drive and North Arrowhead Rd. in Avon Park Lakes. This is NOT a race! Just enjoy. For details contact Carol @ 863-273-1304 or Ken @ 863-258-0717.

MOUNTAIN BIKERS: Each **Mon, Wed, Fri, and Saturday at 4:00** to about 6:00 pm at "The Preserve" in the back of Sun-N-Lake. - For details contact Kenny New @ 863-443-1577.

Corrections to the Rides & Events Schedule: Please contact Bob Bennett @ 863-382-7184

SPECIAL EVENTS: Examples include:

- **CLUB MEETINGS:** second Thursday of each month 7:00 pm location to be announced
- February 11-12 - **"BIKE SEBRING 12/24 Hours"** <http://www.bikesebring.org/>
- April 8 - **CLUB PICNIC** <http://www.highlandspedalers.com/picnic.php>
- April ?? **"Everglades Club in Sebring"** <http://www.evergladesbc.com/calendar>
- **May 1 National Bike Challenge Starts** Join now at <https://nationalbikechallenge.org/>
- **MAY is BICYCLE SAFETY MONTH** in Highlands County
- May ?? **Ride Of Silence** - Carol Gray <http://www.rideofsilence.org/main.php>

11/20/2016

- Ride starts at the Sebring Library at 7:00 pm. 10 miles at 10 mph.
- The Mission of the world wide Ride of Silence is to honor bicyclists killed by motorists, promote sharing the road, and to provide awareness of bicycling safety.
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- **June ?? - Heartland Triathlon at the City Pier** <http://www.heartlandtri.org/>
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- **Aug ??? Bikers, BBQ and Beer Picnic** must register at http://www.highlandspedalers.com/party_aug.php
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- **Sept – 2-4 “TOUR OF SEBRING”** (Sat, Sun & Mon) <http://tourofsebring.com/>
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- **December 1– 3 “HIGHLANDS BIKE FEST”** (Fri, Sat, and Sun) <http://highlandsbikefest.com/>